

Nutrition Food making competition

Participants: 24

Place: Manjari, Latur district

October 2nd is Gandhi Jayanti day and it is a holiday for the schools. All girls gathered together in the Hanuman Mandir on 2nd October, 2008. Mahatma Gandhi's photo kept in front of the hall. Rangoli has been made and prepared a puja. This is the special programme for adolescent girls. Girls excited for the competition. Adolescent girls groups from Manjari village announced the Nutrition Food Making Competition. Girls were preparing for this competition for last seven days. Discussion was going on about dishes and recipes.

Girls cleaned the hall and prepared for the competition. But Gram Panchayat elections are going on in the village, all are busy in election. Most of SHG members busy in election work and field work, and cannot come for the competition. Mrs. Madhuri Deshpande SHG member and her relative participated as an examiner.

The competition started with an introduction and later girls discussed on different issues for one and half hour. Along with this, they prepared their three months plan for their group and decisions were taken on their programs. Those include - 10 girls decided to form a kitchen garden, each girl will prepare a first aid box in her house. Girls demanded for the basic electrical courses. Decided to go on a picnic to Latur and expressed their wish for a library for adolescent girls in the village. Girls decided to conduct an exhibition on the handicraft items they make.

After the inauguration ceremony, girls presented their cooked food items with explanation of the recipes. They explained on what vitamins they get from those food and how to make that. Examiner tested the food and selected five items out of 15 items. Given three ranks and two were for inducement.